

CB-BK WE2 2026: Session: 6: COACH evaluation sheet for TEAM: ZIOS

Coachinfo: Warming up from: 15:00 untill 15:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Segers Ellen HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 45: 800M FREESTYLE MEN 17+							Heat:1, starttime: 16:46	
Heat: 1/1 Lane : 8 Athlete: PERSONS EMIEL							Q-time: 09:03:67	
PB (50m pool): 09:03.67 Antwerpen 22/03/2026				PB (25m pool): 08:58.77 SB: 09:03.67 Antwerpen 22/03/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:30.72	01:04.27	01:38.69	02:12.98	02:47.77	03:22.58	03:57.35	04:31.49
	00:30.72	00:33.55	00:34.42	00:34.29	00:34.79	00:34.81	00:34.77	00:34.14
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	05:06.47	05:41.15	06:15.81	06:50.02	07:24.39	07:58.47	08:31.97	09:03.67
	00:34.98	00:34.68	00:34.66	00:34.21	00:34.37	00:34.08	00:33.50	00:31.70
								

Coach feedback: